

Please use the below charts as a guide to find your correct garment size.
The below charts have been formulated with under-garmentry in mind.

GARMENT FITTING SIZE MEASUREMENTS

HEIGHT		Weight KG: 60 65 70 75 80 85 90 95 100 105 110 115 120 125 130 135+																		
cm	Feet&Inches																			
152	5'	S	S	M	M	L	XL	2XL												
157	5'2"	S	S	M	M	L	XL	2XL												
163	5'4"	S	S	M	M	L	XL	2XL												
168	5'6"	S	S	M	M	L	L	XL	2XL											
173	5'8"	M		M	M	L	L	XL	XL	2XL	2XL									
178	5'10"	M			L	L	L	XL	XL	2XL	2XL	3XL								
183	6'	L		L	L	L	XL	XL	2XL	2XL	3XL	3XL								
188	6'2"	XL			XL	XL	XL	XL	2XL	2XL	3XL	3XL	3XL							
193	6'4"	2XL					2XL	2XL	2XL	2XL	3XL	3XL	4XL	4XL	5XL					
198	6'6"	3XL			3XL	3XL	3XL	3XL	4XL	4XL	4XL	5XL	5XL							

The tables below may also be useful in finding your correct fit.

Please Note: The measurements listed allow for the Parka and Over-Trousers to be worn over a layer of conventional warm clothing, .i.e. Thick wool jersey & jeans



PARKA & VEST GUIDE

(measured over normal warm clothing)

SIZE	Chest in cm	Chest in inches
S	83 - 90	32 - 35
M	91 - 98	35 - 38.5
L	99 - 106	38.5 - 42
XL	107 - 114	42 - 45
2XL	115 - 122	45 - 48
3XL	123 - 130	48 - 51
4XL	131 - 138	51 - 54
5XL	139 - 144	54 - 57



OVER-TROUSERS GUIDE

(measured over normal warm clothing)

SIZE	Waist in cm	Waist in inches
S	71 - 78	28 - 30.5
M	79 - 86	30.5 - 34
L	87 - 94	34 - 37
XL	95 - 102	37 - 40
2XL	103 - 110	40 - 43
3XL	111 - 118	43 - 46.5
4XL	119 - 126	46.5 - 49.5
5XL	127 - 135	49.5 - 53